



NOB  
EMPOWERMENT  
VISITS  
2026



**FUELING**  
THE FIRE

For lack of wood the fire goes out.  
Proverbs 26:20a (ESV)

# Sustainable Church Growth & Revitalisation

## Divinely Inspired & Rooted in Reality

Pastor Barend Petersen  
Deputy President of The AFM of SA



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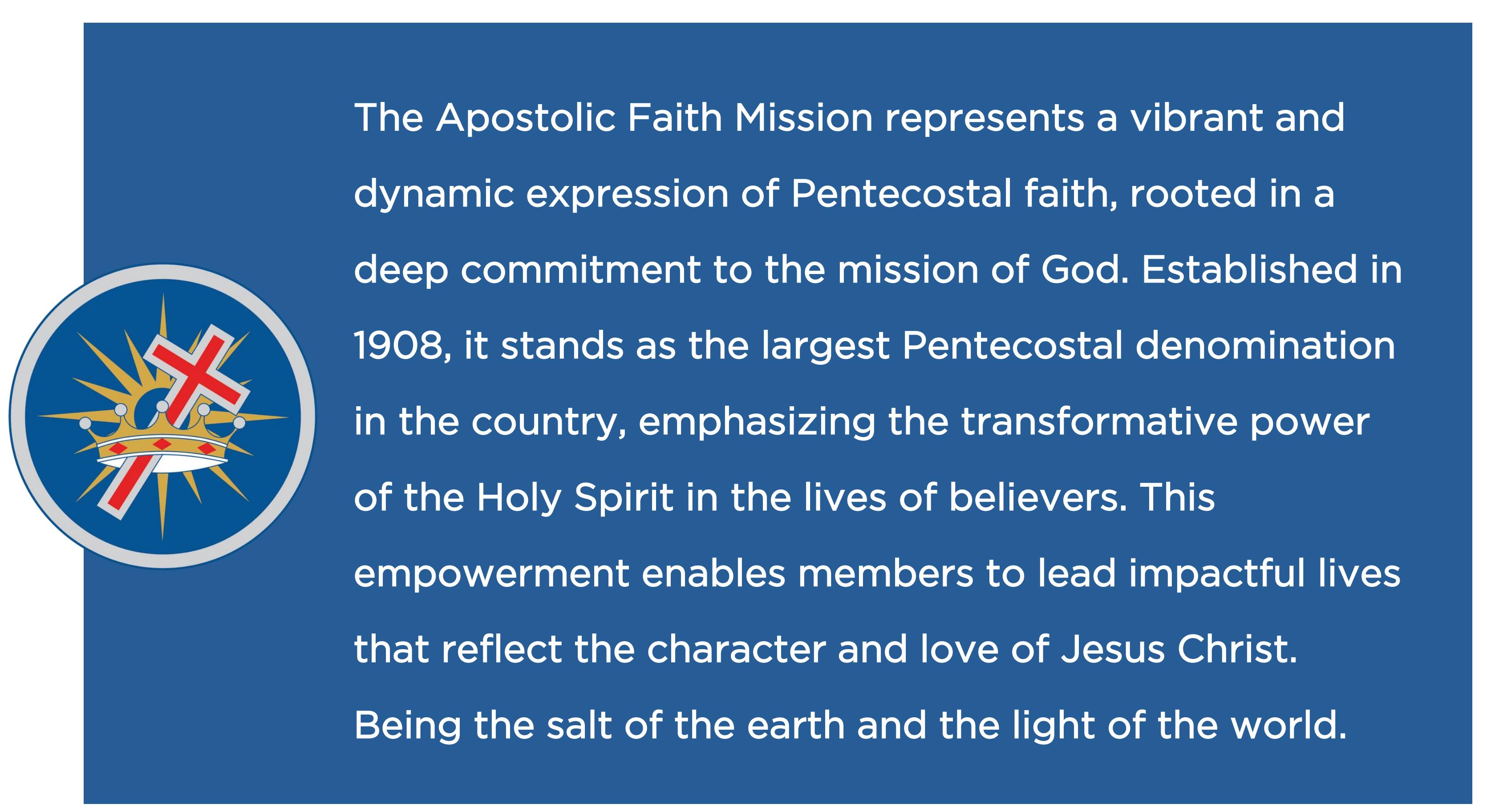
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## Vision

Over the next 10 years, we are committed to planting **1,000** vibrant, Christ-centered churches across South Africa, transforming communities and expanding the Kingdom of God, as we fulfill the Great Commission and advance the mission of the AFM in SA.



The Apostolic Faith Mission represents a vibrant and dynamic expression of Pentecostal faith, rooted in a deep commitment to the mission of God. Established in 1908, it stands as the largest Pentecostal denomination in the country, emphasizing the transformative power of the Holy Spirit in the lives of believers. This empowerment enables members to lead impactful lives that reflect the character and love of Jesus Christ. Being the salt of the earth and the light of the world.



# Principles for Growth and Multiplication



## PRINCIPLES FOR GROWTH AND MULTIPLICATION

1. Is fuelled by astonishing vision.
2. Begins with God, not with man.
3. Is the activity of the Holy Spirit.
4. Presumes humility.





## PRINCIPLES FOR GROWTH AND MULTIPLICATION

5. Flows from the fear of the Lord.
6. Is rooted in worship and prayer.
7. Feeds on the proclamation of the Gospel.
8. Involves dependent activity.
9. Varies in speed.



## **VISIONARY LEADERSHIP: EMPOWERING PASTORS WITH A COMPELLING VISION THAT RESONATES WITHIN THEIR COMMUNITIES, FOSTERING A CULTURE OF GROWTH.**

"A leader is someone who motivates, mobilizes, resources, and directs people to passionately and strategically pursue a vision from God that his people jointly embraces" - George Barna





## John 15:16 NKJV

You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain, that whatever you ask the Father in My name He may give you.

## John 15:16 MSG

You didn't choose me, remember; I chose you, and put you in the world to bear fruit, fruit that won't spoil. As fruit bearers, whatever you ask the Father in relation to me, he gives you.



## **Psalm 119:1 (Amplified Bible)**

How blessed *and* favored by God are those whose way is blameless [those with personal integrity, the upright, the guileless], Who walk in the law [and who are guided by the precepts and revealed will] of the LORD.



# RELATIONAL HEALTH

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Wife, Kids, Family, Friends, Co-workers,  
other people.

Our family is the most important relationship that pastors must protect. It is critical that pastor invest time to build, nurture and develop a loving, passionate and lasting relation with your spouse.





# PHYSICAL HEALTH



**Ministry is demanding**, also physically, and we must take care of our bodies to serve God effectively for the long term. Physical health is part of our stewardship.

**Ignoring physical health** can lead to burnout, illness, or fatigue, which hinders ministry effectiveness.

**Prioritize Exercise:** Aim for regular physical activity 3 to 4 times a week.



## PHYSICAL HEALTH

**Eat Healthy:** Healthy eating is a way to glorify God with our bodies. (1 Cor 10:31 NIV)

**Prioritize Rest:** Rest is not laziness; it is trusting God to sustain the work. (Psalm 127:2 ESV)

**Embrace a Holistic View of Health:** Our well-being in all areas is important to God and impacts our ministry. (3 John 1:2 NKJV)

# MENTAL HEALTH

## Put Your Own Mask On First

Mental health is essential, not optional. Self-care enables you to care for others. Just like an oxygen mask, your well-being comes first.





# SPIRITUAL HEALTH



The Reality Behind the Stories:

**Eli** struggled as a father and avoided necessary confrontation.

**Samson** wrestled with destructive impulses.

**Moses** lived as a fugitive.

**Elijah** experienced exhaustion, despair, and deep emotional distress.

**Paul** spent significant time in prison.



The call is sustained by a hunger that does not fade. God's purpose remains steady. He promises never to leave nor forsake those He has called.

**What the Great Commission Requires.** This is a God-sized assignment. It demands Spirit-filled churches. It requires spiritual power, not just clever planning.



## Replenish & Recover

More than ever, leaders cannot afford to neglect intentional time for retreat, reflection, and refocus if they hope to remain spiritually healthy and whole.



No game or race is completed without halftime or pit stops, because progress requires pause, adjustment, and refuelling.

In ministry, personal pit stops allow leaders to reflect on direction and make necessary mid-race corrections.

As Ruth Barton notes, healthy leadership depends on a rhythm between active engagement and intentional retreat in God's presence for the sake of one's own soul.



# **Leadership Support:** Ensuring that leadership teams are equipped and inspired to pursue church growth passionately.

The church needs spiritually mature, servant-hearted leaders who are trained, equipped, and passionate about guiding, supporting, and serving others in spreading the gospel.





# **Sacred Service: Understanding the privilege of serving the Lord with a transformative message.**

**Come and see** (John 1:39, 46) - EXPOSE

**Repent and believe** (Mark 1:15) - EVANGELIZE

**Follow me** (John 1:43) - BUILD

**Follow me, and I will make you fishers of men**  
(Matt 4:19) - EQUIP

**I am sending you** (John 20:21) - SEND



“The world, though it might not want to admit it, needs us right now. This is not a time to shrink back, hide, circle the wagons, or only look after ourselves. We are witnesses in the world that grace matters, that forgiveness, long-suffering, and perseverance count, and that mercy and grace can shift the world.”— **General Lyndon Buckingham, Salvation Army**





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