



## THE APOSTOLIC FAITH MISSION OF SOUTH AFRICA DIE APOSTOLIESE GELOOF SENDING VAN SUID-AFRIKA

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### TO ALL AFM ASSEMBLY SECRETARIES, REGIONAL AND NETWORK SECRETARIES / ADMINISTRATORS.

Dear Brothers and Sisters,

### CIRCULAR ON PASTOR'S APPRECIATION AND WELLNESS DURING THE MONTH OF OCTOBER AND THE 2026 NLF CALENDAR.

Shalom greetings,

In this circular, I have also included the 2026 NLF Calendar of events for your attention.

**Dear brothers and sisters, “Elders who lead effectively are worthy of double honour, especially those who work hard at preaching and teaching.” (1 Timothy 5:17, Berean Standard Bible)**

In the above scripture, Paul reminds us to honour and appreciate our leaders. This is something that a leader should never expect or enforce, but rather that church members and followers of Christ should do continuously, because we respect and love our leaders due to their dedication and hard work.

As we honour and appreciate our pastor (s); let the assembly be informed and aware of some essential focus areas of pastoral wellness. I will highlight six areas of wellness to increase your awareness and noting.

- **Spiritual Wellness**: - *spending time reflecting and exploring your spiritual life.*
- **Emotional Wellness**: - *maintaining a healthy emotional life.*
- **Intellectual Wellness**: *staying engaged in learning new things, engaging in creative activities, and enhancing intellectual interest.*
- **Physical Wellness** *involves moving your body (exercise), eating well-balanced food, sleeping well, and taking health screenings.*
- **Social Wellness**: - *involves having a strong social network that supports and guides you.*


- **Financial Wellness**: - *taking steps to live within your means and plan for your future financial health.*

As a Church, we have established a tradition over the past couple of years of primarily focusing on appreciating our pastors, their spouses, and their children during the month of October.

***I am writing this brief letter to urge and remind you to do something above and beyond your usual appreciation of your pastor (s) this coming October.***

I pray that God will richly bless, enrich and empower all our assemblies with His presence and Holy Spirit as we endeavour to work effectively and harmoniously together to impact our communities with His Love and Grace and build His Kingdom.

With AFM greetings and blessings,



**PASTOR MS KHUMALO**  
**GENERAL SECRETARY**