



THE EXECUTIVE WELFARE COUNCIL OF THE AFM OF SA (AFM Welfare)

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Tool Kit: How to develop Family Values

What are your family values?

Companies have company values, Government Departments have values, NGOs have values - yet very few families have their family values written down.

Allow me to help you instil values in your families in a practical way by sharing a few easy steps:

Step 1 - Parents have a short discussion on why it is important to have family values for e.g children need to learn about the value of respect at home to ensure that they respect their teachers, friends etc.

Step 2 - Call your family together using the Family Alter or Family Meeting platform - make sure that all members of the household are present.

Step 3 - Share the importance of values, explain what a value is and give examples of values. Use examples of values and principles from e.g. the Bible, Workplace etc.

Step 4 - Ask all family members to read up on values and to choose which values should be made applicable to the family and to ponder over it for a day.

Step 5 - Have another family session and ask each member to share their most important value, one at a time, followed by others and the reasons for its importance - do a few rounds of getting their input.

Step 6 - Write down each value on a large piece of white paper.

Step 7 - Ask each family member, from the youngest to the eldest, to choose 5 values from the list, they want to vote for, by placing a tick next to the value.

Step 8 - Identify the 5 or 6 values with the most ticks and announce those 5 values as the values for the e.g. the Theron family.

Step 9 - Develop a poster with your family values and give a copy to each family member to place on the walls of their rooms, in the kitchen etc.

Step 10 - Make time to discuss and apply the values until the values move from the walls of their rooms to the walls of their hearts (showing that the family members have internalised the values).

Source: Ashley Theron Consulting